

The Husky Herald

Edited by Aditi Nambiar and Ashlyn Huber



Cover art by Alec Mullen-DeLand

In This Issue:

Page 2: World Water Day: Water for Peace

Page 3: Prioritizing Sleep for Wellness this Sleep Awareness Week

Page 4: The TikTok Ban Bill Debate: Understanding the Legislation's Impact

Page 5: What is Two-Spirit and Trans Justice? A Discussion and Case Study Workshop

Page 6-7: Team of UWB Finance Students Represent UW Bothell at the 2024 CFA Research Challenge Finals

Page 8: UW Bothell's Campus Events Board and Cascadia College's Events and Advocacy Board Host Celestial Ball

Page 9: UWave Radio and *The Husky Herald* Announce Tour of KUOW, ASUWB Elections: 2024-2025 Student Government

Campaign Key Dates

Page 10: Spring Fling Word Scramble

Page 11: Flower Power Word Search, Fun Riddles!

World Water Day: Water for Peace

Written by: Aditi Nambiar- **Editor-in-Chief**
March 2024



Photo Credit: Freepik

Water: it is the most essential resource to human kind and one of the most powerful elements in nature. It is the source that sustains life, and the blood of our very own planet.

Every year, on March 22, nations around the world observe World Water Day (WWD) to raise awareness on water-related issues and mobilize action in addressing the sanitation and water crisis worldwide. An initiative launched by UN-Water, WWD is an important day in which agencies, organizations, resource departments, and international governments come together with a mission to conserve and protect the most precious resource we have.

There is a new angle to the water crisis that is concentrated on each year. This year's theme is 'Water for Peace', which focuses on the crucial role that water plays on the prosperity and stability of the world, as per UN-Water's official webpage announcing the new theme.

According to the World Economic Forum (WEF), over 2 billion people live in water-stressed countries, without access to safe drinking water as a result of the numerous threats including the rise of climate change, urbanization, water supply systems facing

risks, excessive population growth, and other demographic changes.

The WEF's "Global Risks Report 2024" even lists "natural resource shortages" as the fourth greatest global risk over the next decade- following the top three of "extreme weather events," "critical change to Earth systems," and "biodiversity loss and ecosystem collapse." With "pollution" being the tenth greatest global risk as the report reveals, over half of the risks fall under environmental issues which are the most prevalent issues that continue to impact various aspects of life.

Due to increased socio-political conflicts in recent times, this year's theme of leveraging water for peace is especially essential in encouraging transboundary cooperation for enabling better conditions and enhancing preparedness to prioritize human health and also protect ecosystems, as the World Meteorological Organization (WMO) shares.

The WMO emphasizes the significance of 'Water for Peace' as they state, "water can create peace or spark conflict. When water is scarce or polluted, or when people have unequal or no access, tensions can rise between communities and countries. By contrast, peaceful cooperation around water can flow into peaceful cooperation in all sectors and be a catalyst for sustainable development."

According to the United Nations most recent data, more than 3 billion people worldwide depend on water that crosses national borders. Out of the 153 countries that encompass this population and share lakes, rivers, and aquifers with neighboring nations and territories, only 24 countries report having cooperation agreements for their shared water.

The Center for Disease Control and Prevention (CDC), also highlight the magnitude of protecting water stating that "global access to safe water, adequate sanitation, and hygiene resources reduce illness and death from disease...for improved health, poverty reduction, and socio-economic development."

The water crisis is not only a growing international concern, but is also impacting many communities in the United States. The United States Office of Community Services, managed by the national Office of the Administration for Children & Families recently announced new programs that have been developed to help maintain safe, reliable, and

affordable water and wastewater services: The Low Income Household Water Assistance Program (LIHWAP) and Rural Community Development (RCD) program.

As of September 30, 2023, more than 1.5 million households in the U.S. were protected by the LIHWAP, which alleviated rates for water flow, prevented service disconnections, and restored services for households which were disconnected from water flow. The RCD program assisted over 2,100 communities so they could provide affordable and safe water to more than 2.5 million members within those communities.

While organizations around the world work to address the water crisis and human rights, they also stress the value of contributing to the cause from the bottom up, starting at the individual level. The United States Environmental Protection Agency urges the community to use and dispose of hazardous or harmful materials properly as improper disposal can contaminate local surface water and groundwater.

They also encourage people to volunteer for community watershed or wellhead protection organizations, get involved with local wetland cleaning projects, and organize storm drain stenciling projects to remind community members to not dump waste in street drains as they drain into rivers.

The State of Washington's Department of Ecology reports that "more than 60 percent of water pollution comes from things like leaking oil, fertilizers and pesticides from farms and gardens, failing septic tanks, pet waste, and fuel spills from recreational boating. All these small, dispersed sources add up to a big pollution problem."

In efforts to conserve water, they prompt people to get regular inspections and maintenance of sewage systems, take some time to learn the dos and don'ts of keeping the system functioning, and know which uses to watch for if a tank is failing or nearing capacity. Check out their official website at <https://ecology.wa.gov/> to learn more about helping save Puget Sound and our local water sources.

With small changes at home and even bigger contributions in communities, regions, and countries, it is possible to create substantial positive impact in improving water stability. Protecting our water today helps ensure that it can protect us tomorrow.

Prioritizing Sleep for Wellness this Sleep Awareness Week

Written by: Ashlyn Huber- Assistant Editor
March 2024



Photo Credit: Freepik

We all know that feeling: the unwelcome onset of morning after having gone to bed too late last night. Perhaps it was the result of an unintentional splurge into the depths of social media, or the last-minute scramble to complete all those unfinished assignments. Whatever the cause, it can be difficult to function during the day after a sleepless night.

Unfortunately, many of us suffer the consequences of not receiving enough sleep. Along with feeling drowsy during the day and lacking the energy to accomplish our tasks efficiently, our health and overall well-being are severely impacted.

This March 10-16, the National Sleep Foundation highlights the importance of adequate sleep through its annual Sleep Awareness Week; *The Husky Herald* invites the UW Bothell community to read on, taking steps toward a more restful lifestyle.

Sleep is incredibly important to our mental and physical health. According to a 2023 poll by the National Sleep Foundation (NSF), levels of depressive symptoms are

much higher in Americans who do not get enough sleep. More than half of the adults who regularly sleep less than the recommended seven to nine hours report “mild or greater levels of depressive symptoms,” and this can be aggravated by mental health issues that cause us to lie awake and unable to sleep. Over time, a lack of sleep can lead to serious chronic health problems such as stroke, depression, or obesity.

For teenagers, the situation is even more concerning, with lower than two in 10 receiving the NSF’s suggested eight to 10 hours. Teens are less likely to feel tired until late at night because their internal “body clock” has shifted later as they grew out of their childhood. As a result, many teens stay up late into the night, and only begin to feel the effects of sleep deprivation in the morning when they struggle out of bed to attend their daily activities. In the long term, their growth hormone can be suppressed by a lack of sleep and is linked to a higher risk of injury.

Evidently, sleep is integral to a healthy lifestyle. But how can we work toward better sleep, with so many tasks that require our attention during the day? There are a few simple steps that every one of us can take to stay mindful of our sleep and improve our daily energy levels. Firstly, we can utilize blue light filters for our devices; the blue light emitted from their screen’s limits production of melatonin, which helps us fall asleep.

In fact, a study published by the National Library of Medicine found that blue light may negatively affect sleep quality and duration. Luckily, the solution often only requires a few moments’ inspection of the settings app; many phones and laptops have a “Night Light” filter mode that can be switched on to lessen blue light. We can also establish a bedtime routine, tucking devices away for the night to help wind down before sleeping. Optimizing your bedroom environment can also help — experiment with finding the right room temperature and limiting noises that may wake you up.

Lastly, establishing regular exercise and mealtimes can help you stay healthy and sleep deeply at night. The more consistent your daily schedule is, the easier it will be to fall asleep at the appropriate time and wake up in the morning feeling refreshed. Overall, having an adequate sleep schedule is vital to your long-term health and wellbeing, in addition to helping you engage fully at school, in the workplace, or during other activities in your life.

This March, *The Husky Herald* invites you to commit to one goal that will improve your sleep or your health in general. Put your devices away a little earlier and give yourself a moment to relax before bed, establish regular mealtimes so that your day is more balanced, or learn more about the importance of sleep on the National Sleep Foundation’s website here: <https://www.thensf.org/>. With enough sleep each night, you will be prepared to take on the next day’s activities.

HUSKY DREAMERS
Bi-Weekly Tuesday Meetings
Dates: April 2, 16, 30 & May 14, 18
Time: 1:00 - 2:30 PM
Location: UW1-161 (IDEA Project)

Join us to learn more about:

- Campus + Student Legal Resources
- Crafts + Conversations
- Finding Support & Empowerment

For DACA/Undocu+ identifying folks!

saif
Diversity CENTER W BOTHELL

Image Credit: Diversity Center via Instagram

The WaCC Is Hiring!

Have a passion for writing?
Want to help your peers with their writing?
Apply for our writing tutor position!

Pay: \$19.97 per hour
Application Deadline: July 15th

Image Credit: Writing and Communications Center via Instagram

The TikTok Ban Bill Debate: Understanding the Legislation's Impact

Written by: Chloe Frink- **Student Reporter**

March 2024

OPINION

- 🔍 is tiktok
- 🔍 is tiktok getting banned
- 🔍 is tiktok shutting down
- 🔍 is tiktok banned in us
- 🔍 is tiktok getting taken down
- 🔍 is tiktok getting deleted
- 🔍 is tiktok going to be banned
- 🔍 is tiktok getting banned in America

Photo Credit: Unsplash

I am sure you have heard the news. Reminiscent of a similar move from Trump's administration in 2020, the United States Government is once again proposing a new law regarding the social media app, TikTok - only this time, it has gained even more attention from the masses as the reality hits that this time around, the bill might truly pass.

I have talked to a lot of my friends, family, and peers about this topic. It gets brought up over dinner and coffee - it is on everyone's mind. However, during the course of these conversations, I recognized a pattern of disorganized thoughts and opinions on the matter. There seemed to be a disunified perception of what the "TikTok ban" truly is. So we are going to put this bill on trial in this article and attempt to understand what is happening with this legislation.

Let us step back for a second and define what this bill actually is. Officially called the "Protecting Americans from Foreign Adversary Controlled Applications Act," the bill is represented by U.S. House representative Mike Gallagher, from Wisconsin's eighth district. The bill itself, with a main focus on TikTok and parent company ByteDance, "prohibits the distribution, maintaining, or providing internet hosting services for a foreign adversary-controlled application."

The bill defines said hosting services as being either directly or indirectly operated by ByteDance, TikTok, or a social media company controlled by a foreign adversary that has been determined by the acting president to pose a threat to national security. The bill also authorizes the Department of Justice (DOJ) to investigate and enforce violations of this bill, if it should be passed. The bill outlines a time period for ByteDance to respond to this legislation if it passes. It states that the U.S. government would expect action within 180 days (roughly 6 months) of the passing date of the legislation.

The bill was introduced on March 5th of this year, 2024. The bill was voted on in the House on March 13, 2024, facing 352 motions to pass and only 65 votes to prohibit the bill's process. Not only is this an incredibly

fast turn-around from inception to voting, but it is also an overwhelmingly bipartisan vote in favor of the bill. The next course of action on the bill's journey to the Whitehouse is a visit to the Senate. If it passes through the Senate, it will fall into the president's hands, who will have the resolute say on whether this bill becomes a law.

So, why does this bill exist in the first place? Chinese companies and the United States Government have long-standing opposition. China's National Intelligence Law requires all Chinese companies to consent to the government's possible demands to access their intelligence. Companies that are registered or operate in China are legally obligated, under Article 7 of the National Intelligence Law, to hand over any information the company has to Chinese intelligence agencies, and to conceal this from the public if they do so.

ByteDance has more than the usual amount of connection with the Chinese government, more than just the National Intelligence Law. In April of 2023, ByteDance sold a 1% stake of their company to WangTou-ZhongWen, a technology company owned by three different Chinese state entities. As a part of this sale, the Chinese government was allowed a seat on ByteDance's board of directors.

Along with the concerns of direct Chinese government interference with TikTok's parent company, there have been recorded and confirmed incidents of ByteDance and TikTok employees using the app to access sensitive information from users. In 2022, Chris Lepitak, the company's chief internal auditor, and his manager Song Ye, who was based in China, led a team that used TikTok to track the geolocation of several U.S. reporters.

BuzzFeed reporter Emily White (who is now with Forbes), and Financial Times reporter Cristina Criddle were the focus of this observation. TikTok chief executive Shou Zi Chew has since said that the company would develop and maintain access protocols to protect users of the app. The members of the

company involved in the incident have all either been fired or resigned from their positions.

The opposing side of this bill has some decent arguments. There are concerns about free speech and censorship. A lot of avid TikTok users say they get most of their information about current events from people on TikTok, and that taking the social media app away would censor the "truth" that comes from the platform. Another concern is the impact and outreach that small business owners have been able to facilitate on TikTok, many attributing their success solely to TikTok's exposure.

There is high concern that many small and local businesses will fail without the social media app. In a *Washington Post* article, Los Angeles plant shop owner Brandon Hurst explains that "These representatives and senators don't understand that what they're doing won't just harm people they call 'content creators.' It would hurt small businesses"

In my conversations with other students and friends, a huge theme among them is outrage that this bill is getting so much attention. One of my lifelong friends, who now attends Fordham University, said, "Congress needs to put aside their beliefs on how they think they're 'helping' the next generation and instead focus on real-life issues that they can control to protect the future of our country."

Another friend of mine, who is currently a senior in high school and has committed to Western Washington University feels strongly that TikTok has drastically helped them discover who they are and what they like. They praise the accessibility of the app, saying, "I also use it as a search engine for easy videos and tutorials... I have a hard time reading and sometimes I don't have the time to watch a whole 10-minute video on YouTube for a simple task."

So far she has learned how to change the oil in her car and learned helpful tips on women's safety. She also says it is the most accessible news outlet she has come across - to her it is free, simple, and personal. She elaborates on this, saying "I learned more about world issues on TikTok than in my own Civics and CWP class I take in school."

Many students feel that the entire move to ban TikTok is a waste of time and resources that should be reallocated to "more pressing" subjects. Many don't see the harm in allowing TikTok to continue as it is and see it only as an easy-going and accessible social media platform. Some students even think that the bill has a selfish agenda, as one University of Washington- Bothell student says "I think it's to reduce competition for other U.S.-owned companies like Meta and Snap."

A second-year pre-major student at UW Bothell explained to me that they see a deeper-rooted problem with the U.S. government specifically targeting TikTok. "I feel like this fear of not having privacy that is coming from people that want TikTok to be banned feels a little xenophobic," she says, "since the only time that there has been this extreme of an uproar for a social media platform to be banned is coincidentally not an American company."

I have nothing personal at stake re-

garding any decision the U.S. government ends up making about this bill. I am, however, incredibly interested in watching what the different outcomes will do to our society and local communities. TikTok has become an incredibly impactful social media platform, for all ages, and a lot of people would struggle to continue their livelihoods as they exist on TikTok.

It is hard to imagine what recent events would have looked like without it. Try to imagine the Black Lives Matter movement without some of those viral videos sourced from TikTok. Try to imagine the success and popularity of Olivia Rodrigo's song "Driver's License" – alternatively, try to imagine the huge public scandal it placed both on Rodrigo and Sabrina Carpenter – without the aid of TikTok.

Recall all the fashion and beauty

trends you've been tempted to follow since creating your account on TikTok. Would we be more individual without these trends? Would we be less expressive in our personal style? Would those trends and the people perpetrating them have found another platform to go viral on? Would it measure up to the virality and success they found? I can't help but think of how much more isolated millions of people would've been during the COVID-19 quarantine without the aid of social media – mainly TikTok.

These are all questions I have been chewing on since starting to research this article. A lot of bad things have come from this platform. I personally have been subjected to cyberbullying at the hands of some of my best friends, simply because they wanted to follow a trending TikTok sound and go viral. That single, five-second video negatively impacted

the rest of my high school experience. Despite this, most people I know have had overwhelmingly positive experiences with the app and use it daily.

Whether we like it or not, TikTok is a massive conversation for our country. But should the conversation continue as it is now, with its focus on pre-existing international tension, or should the conversation focus more on the health and well-being of social media users? What is the root cause of so much unhappiness that can often come from social media usage? Maybe this is a much larger problem that we are simply taking step-by-step. One thing is for sure – you'll catch me stalking the progress of this bill until it is finished, one way or another.

What is Two-Spirit and Trans Justice? A Discussion and Case Study Workshop

Written by: Ameer Kiani- **Student Reporter**
March 2024

On March 8, 2024, an engaging Q&A format workshop was held on the topic of Two-Spirit and trans justice, detailing what the term and its concepts of identity are, the history behind it, and the Two-Spirit and trans communities' ongoing challenges with recognition of their identity and rights.

The event was organized by the Equity Across Curriculum (EAC) Initiative, which aims to "foster a community of learners ready to 'imagine another world'" that expands on UW Bothell's commitment to diversity, equity, and inclusion, as per their official webpage on the campus site.

The EAC is co-sponsored by the Office of Diversity and Equity, the Office of Academic Affairs, and the Learning and Teaching Collaborative. Ching-in Chen, co-chair of the EAC and IAS faculty delivered a brief introduction expressing the event's purpose being to help students, faculty, staff, and community members know the context behind Two-Spirit and trans justice, and how to better support Two-Spirit, trans, non-binary, intersex, and gender-expansive students and community members.

The key speaker for the Q&A and workshop was First Nations Cree scholar and community organizer, Harlen Pruden (nēhiyo/First Nations Cree Nation). Pruden works with the Two-Spirit community locally in Vancouver, as well as nationally, and globally. Among Pruden's roles is being the Indigenous Knowledge Translation Lead at BC Centre for Disease Control and the founder of the Two-Spirit Dry Lab, the first research group in North America that specifically focuses on the Two-Spirit experience.

Pruden's Background and History of Two-Spirit

Pruden shared their native background, including the complex history of most First Nation people, and their experiences of family members marrying non Indigenous people and then losing their band registry as Cree. Pruden's familial history brought depth to the Cree and Two-Spirit identity and the



Photo Credit: Unsplash

challenges Indigenous communities face in maintaining their culture and legality. Pruden then shared more about the Two-Spirit Lab to honor and research Two-Spirit people.

Pruden stated that Two-Spirit people are described as indigenous to Turtle Island (North America) and are sexually and gender diverse. Pruden shared that pre-contact Indigenous populations had words in their language to describe Two-Spirit people, who had roles as mediators among the "male" and "female" camps, as they could mingle with both camps.

Contact with Columbus and Colonialism

An exciting insight shared by Pruden was that although it is widely believed Columbus discovered North America and the Indigenous people already living there, from the Indigenous perspective, they found Columbus landing on their shores in Antilles in 1491. This history is essential in reframing the widely taught narrative of European colonialization "discovering" and "civilizing" North America.

Post-Columbus, Pruden shared there was a word berdache (meaning homosexual male bottom) that was used by the European colonizers for the man who did the work

of women and vice versa, which had negative connotations. It did not even consider that there was a very diverse intersection of Two-Spirit people, which Pruden shared some tribes believed there were 12 genders.

The term berdache was widely used until 1990, when a large conference of First Nations in Winnipeg, Canada, decided to step away from the limitations of this word, which was coined by Europeans as a derogatory term and who did not understand the complexities of the First Nations' social hierarchies. So, in 1990, First Nations decided that the term "Two-Spirit" would be used.

English and its Limitations

Pruden then incorporated into the session that the English language could lead to harsh and inaccurate translations of the Indigenous tribe's words for the Two-Spirit people. Two-Spirit was even translated as "coward" in English from one of the Indigenous languages. However, this contrasts with the intricate roles, complex identities, and respect that Two-Spirit individuals had in their communities.

Also, Pruden stressed that the Two-Spirit people are not fighting for new rights or autonomy; they are fighting to re-

Continued...

claim the rights they had pre-European contact with.

A slide in the workshop defined Two-Spirit as having many definitions, including the intersection of gender, sexuality, and people who are indigenous to Turtle Island. It may differ for different Indigenous Nations. It predates the Western notion of sexuality and gender.

Organizing and Resistance

Pruden then shared an insight that the Two-Spirit people have been organizing and resisting since the beginning of colonization. This counters the idea that Two-Spirit and Indigenous people were passive victims because Two-Spirit people played roles in organizing and fighting against colonial forces. Two-Spirit warriors were among leaders, strategists, and mediators before and during colonialization.

A poignant story and photo were shared by Pruden of a young girl at a govern-

ment school, where 100,000 Indigenous children were uprooted from their homes and had their “Indianness” stripped from them. The young girl looked at the photo defiantly, which powerfully evoked the Spirit and resilience of the resistance. This evoking imagery was one of many stories of defiance that continue to inspire today.

March 20, Non-Binary and Two-Spirit Day

Finally, progress was made, and Pruden took part in advocacy which led to the government officially declaring in 2022 that March 20 is Non-Binary and Two-Spirit Day in Vancouver and all across Canada. People socialized and honored the Two-Spirit history. There were ceremonies, speeches, and communal gatherings on this day to recognize Two-Spirit people’s contributions to society. Pruden was featured in a news program where a call was made to make a federal holiday for Two-Spirit people in Canada.

Workshop Q&A and Conclusion

A guest asked a question, “How was Two-Spirit not considered an identity, and yet some people say, ‘I am a Two-Spirit’”? Harlan answered it was a way to identify those who don’t know their Indigenous word for Two-Spirit. Two-Spirit is a placeholder for now, and some non-Indigenous people are identifying as Two-Spirit as well.

Harlan Pruden’s presentation was a powerful reminder of the complex and rich history of the Two-Spirit identity. Harlan called for all to respect the differences between Indigenous cultures and the Western perspectives on gender and sexuality. The key speaker stressed that educating ourselves would lead to mutual respect and dialogue. The historical resilience and contemporary struggles of the Two-Spirit individuals could be inspiring to all.

Team of UWB Finance Students Represent UW Bothell at the 2024 CFA Research Challenge Finals

Written by: Rohit Jesudoss- **Student Reporter**
March 2024



Image Credit: Freepik

The 2024 CFA Research Challenge is an annual global competition that offers college students hands-on mentoring and intensive training in financial analysis and equity research. Students collaborate in teams to research and analyze companies in the market.

Each team produces a research report which is presented at the end of the challenge to established experts in the finance sector. The research challenge tests students’ analytical, valuation, report writing, and presentation skills and encompasses them in an environment to gain experience in the finance world.

This year, five UW Bothell students, Anastasiya Fritch, Andrew Weiss, Brian Hsu, Kilian Larose, and Phung Vo, made it to the finals of the 2024 CFA Research Challenge with their analyst report on Expedia. The local final event, “CFA Society Seattle 2024 Research Challenge & Networking Reception” was held on February 26, 2024, at The Rainer Club in Seattle.

The *Husky Herald* connected with Anastasiya Fritch and Kilian Larose to gain

insight into their experience through this extra-curricular journey.

1. What motivated you to participate in the 2024 CFA Research Challenge?

Fritch: A genuine interest in finance and a supportive professor motivated me to participate in the 2024 CFA Research Challenge. I am a competitive person and I wanted to represent UWB, gain “real world” experience, and improve my presentation skills.

Larose: It was highlighted by each of my finance professors as something that is very valuable. Professor Rob Wright in particular was the first to tell me about it and highlight the various values that it provides.

For example, he had a guest speaker come in that did it just a few years back and she talked about [her experience]. I also understood the importance of getting something substantial on my resume that is in the field of finance so that I could have an edge when job hunting.

2. What challenges did you face before or during the CFA Research Challenge and how did you overcome them?

Fritch: During the challenge, I faced difficulty understanding some of the terms, models, and methodologies used in analysts’ reports, but I overcame this by asking questions and doing additional research. Our team was a bit disjointed initially, but after recognizing and evaluating team members’ unique skillsets, we were able to create synergy.

Larose: The biggest challenge was being able to find a time where everyone could meet, especially in-person. The other challenge was consistent communication. I would argue that we never truly overcame these challenges but that we did our best to manage. We met when we could and we grinded long meetings or nights where necessary.

3. How did this experience impact your personal or professional growth?

Fritch: This experience took me far outside my comfort zone, and it’s a space I’ve learned to embrace. I have learned to set larger and higher goals for myself.

Larose: The most significant way this impacted my growth was figuring out how to manage my time effectively. This meant doing my best to perform at a high level with every obligation.

In other words, I had to balance working a full-time job, going to school full time (while maintaining Honors GPA), the CFA Research Challenge, and my marriage. This was essentially an impossible task, but I believe I did the best that I could, and I am proud of how well that I did.

4. What skills or knowledge did you gain or think that you gained from this experience?

Fritch: Receiving constructive criticism from industry professionals was an invaluable learning opportunity. I gained collaboration and presentation skills, and I also learned more about valuation methods and earnings calls.

Larose: Primarily the ability to conduct financial analysis on a company, including the complex process of valuation. Doing a Discounted Cash Flows (DCF) model and multiples model valuation was a complex but valuable skill that I gained.

5. Which aspect of the challenge most appealed to you and why?

Fritch: The necessary analysis and research appealed most to me because I am an analytical thinker and a curious person.

Larose: Hands on industry experience such as being able to have a mentor from Morgan Stanley.

6. How do you plan to build on this experience after graduation? Do you expect to participate in similar challenges in the future?

Fritch: I would be eager to participate in similar challenges in the future. I will continue to pursue a career in the field of finance after graduation, while studying for a CFP certificate and potentially a CFA credential.

Larose: I would consider participating in another challenge but for the moment, the goal is to leverage this experience in interviews so that I can land a job that I want.

7. What did this accomplishment teach you about yourself or your team?

Fritch: This accomplishment has taught me that I can excel under pressure. Additional-

ly, I learned how a team with diverse skillsets can unite and create synergy.

Larose: That I am able to manage many priorities while still performing on them at a high level.

8. How did participating in this experience align your goals?

Fritch: Participating in this experience aligned well with my goals; I gained practical skills, and this experience solidified my goal to get a certification in the field of finance.

Larose: It aligned very well because it allowed me to gain real world industry experience, learn more about finance, and allow me a great addition for my resume.

9. What went well with your team's presentation or what do you think stood out about your team that led to this accomplishment?

Fritch: My team was successful in converting biased information into unbiased reports and comparisons. By working together efficiently, my team was greater than the sum of its parts.

Larose: I think we all rehearsed what we needed to say very well, we practiced a lot, and this allowed us to cover a massive amount of information in the short timeframe that we were allotted.

10. If you were to go back and participate again, how or what would you do differently?

Fritch: If I were to participate in this challenge again, I would create more valuation models. I would be more assertive in Q&A and would confidently present relevant scenario models that I created. Additionally, I would utilize our mentors more; we did not use the maximum time allotment with them.

Larose: I would make it clear how import-

ant communication (create some norms to follow) is and how important meeting in person is. Most importantly, make it clear that for the most vital and complex piece, valuation... the entire team tackles it together as early as possible.

11. Do you have any advice for either another UW student or any undergraduate that is interested in participating in this experience?

Fritch: For other students interested in participating in this challenge: Go for it! Don't hold yourself back from this opportunity. This challenge requires genuine interest, discipline, good time management, and a team that is collectively motivated and available.

This challenge will expose you to new concepts and demand acquisition of new skills, so it is important to take initiative. Big thank you to UW, our supportive professors, and our mentors' guidance in this challenge.

Larose: It is a great and valuable experience where you are very likely to learn and grow a lot. However, if you are working full time and have other priorities as well, be mindful as it can be a lot to take on.

If you want to win, you have to be willing to commit on average at least a few hours each week. Like I mentioned earlier as well, tackling valuation as a team early on will be an enormous step towards being successful and having things run smoothly.

Congratulations to the entire team for their hard work and accomplishments, and a special thanks to both Anastasiya Fritch and Kilian Larose for taking their time to discuss their experience in the 2024 CFA Challenge for the UW Bothell community.

ixDA UW is ...

RECRUITING!

Join our team 2024-2025

Open positions:

- President
- Vice-President
- Secretary
- Marketer
- Treasurer



ixda-uwbclub@uw.edu

Image Credit: Interaction Design Association via Instagram

We Are Hiring!

CLUB COUNCIL
2024 - 25

Apply now

OPEN POSITIONS:

- Secretary
- Treasurer
- Events & Resources Coordinator
- Marketing Coordinator
- Recognition Coordinator



APPLICATION DUE APRIL 26TH. SCAN QR CODE FOR MORE INFO AND TO APPLY

Image Credit: Club Council via Instagram

UW Bothell's Campus Events Board and Cascadia College's Events and Advocacy Board Host Celestial Ball

Created by: Aditi Nambiar- **Editor-in-Chief**

On Friday, March 1, UW Bothell's Campus Events Board (CEB) and Cascadia College's Events and Advocacy Board (EAB) collaborated for Celestial Ball, a winter dance "full of stars, dreams, and wonderful dance moves," as they stated on their official event announcement.

The event followed an outer space theme with stellar refreshments, an intergalactic photo area, an exploratory planetarium tent, and an illuminated dance floor all surrounded by the dazzling celestial lights in the ARC Overlook.

Photography by: José Cuevas Lopez- **Student Photographer**



Students check in at the ARC Overlook



Students take the indoor dance floor under the stars



Intergalactic photo area at the event



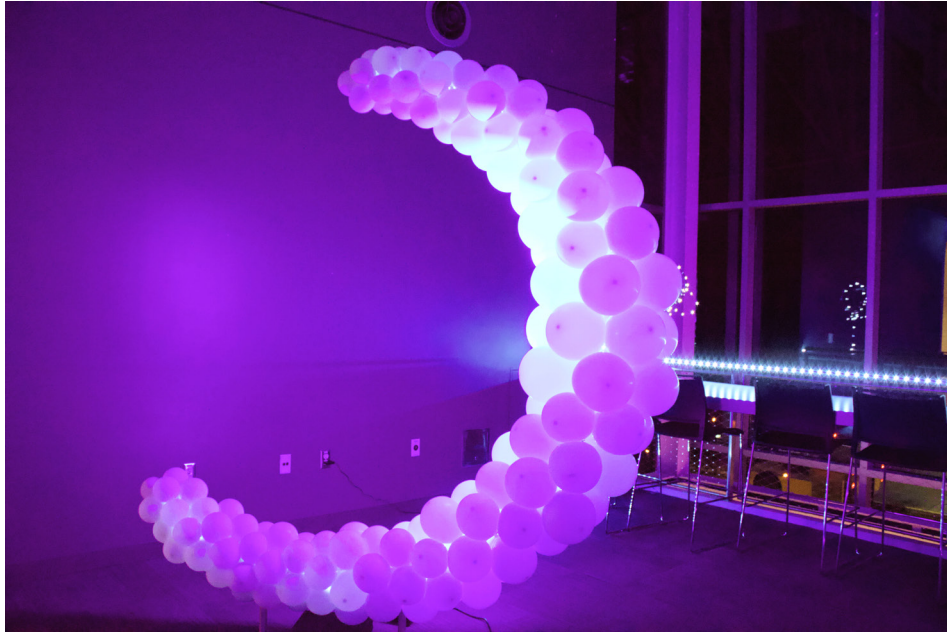
Planetarium tent, inside view



Planetarium tent, outside view



Celestial refreshment spread at the ball



Glowing crescent balloon decor structure



Students enjoying refreshments in seated area

UWave Radio and *The Husky Herald* Announce Tour of KUOW

H & UWAVE Tour of **KUOW**.ORG 94.9

Event @ KUOW:
4518 University Way NE,
Seattle, WA

Friday, May 3 **2 - 3:30 PM**

STF SAF STUDENT ENGAGEMENT & ACTIVITIES UW Bothell is committed to providing equal opportunity and reasonable accommodation in their services, programs, activities, education, and employment for individuals with disabilities. To make a request connected to a disability or health condition to UW Bothell, students should contact Student Engagement & Activities (SEA) via email at uwbsa@uw.edu at least 10 days prior to the event (4/23).

REGISTER TO ATTEND!

H & UWAVE Tour of **KUOW**.ORG 94.9

tinyurl.com/KUOW-Tour

Image Credit: UWave Radio and The Husky Herald via Instagram

ASUWB Elections: 2024-2025 Student Government Campaign Key Dates

FRIDAY, 4/12

Candidate Applications Due (11:59 pm)

MONDAY, 4/15

Grade & Conduct Check

FRIDAY, 4/19

Mandatory Candidate Orientation (TBD)

MONDAY, 4/22

Campaigning Begins

WEDNESDAY, 4/24

Campaign Fair (12:00 - 2:00 pm)

FRIDAY, 5/3

*Campaigning Ends
Elections Town Hall (TBD)*

MONDAY, 5/6

Voting Opens

THURSDAY, 5/9

Voting Closes (11:59 pm)

FRIDAY, 5/10

Complaint Forms Due (5:00 pm)

WEDNESDAY, 5/15

Results Released!

Image Credit: Associated Students of University of Washington- Bothell via Instagram



JOIN OUR YOUTH ADVISORY BOARD!

Are you between 16-24 and ready to make a difference in mental health?

OPEN CALL

- Excited to gain leadership skills
- Eager to your voice to create change
- Advocate and advance public awareness about youth mental health

Deadline April 30th

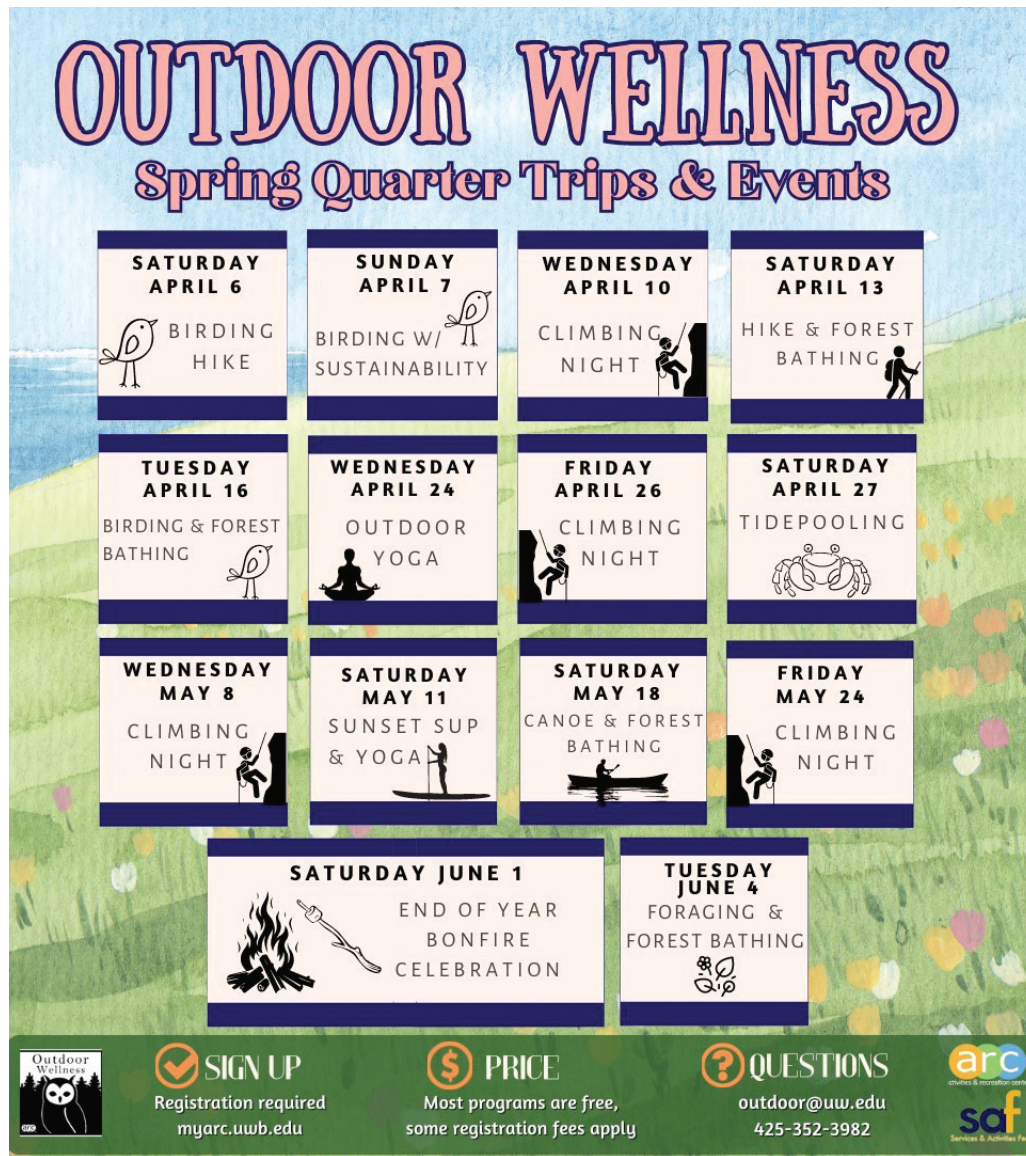
APPLY NOW



NAMI
National Alliance on Mental Illness
Washington

Contact Deidra Burke at dburke@namiwa.org for more information

Image Credit: NAMI UWB via Instagram



OUTDOOR WELLNESS

Spring Quarter Trips & Events

SATURDAY APRIL 6 BIRDING HIKE	SUNDAY APRIL 7 BIRDING W/ SUSTAINABILITY	WEDNESDAY APRIL 10 CLIMBING NIGHT	SATURDAY APRIL 13 HIKE & FOREST BATHING
TUESDAY APRIL 16 BIRDING & FOREST BATHING	WEDNESDAY APRIL 24 OUTDOOR YOGA	FRIDAY APRIL 26 CLIMBING NIGHT	SATURDAY APRIL 27 TIDEPooling
WEDNESDAY MAY 8 CLIMBING NIGHT	SATURDAY MAY 11 SUNSET SUP & YOGA	SATURDAY MAY 18 CANOE & FOREST BATHING	FRIDAY MAY 24 CLIMBING NIGHT
SATURDAY JUNE 1 END OF YEAR BONFIRE CELEBRATION			TUESDAY JUNE 4 FORAGING & FOREST BATHING

SIGN UP Registration required myarc.uwb.edu

PRICE Most programs are free, some registration fees apply

QUESTIONS outdoor@uw.edu 425-352-3982






Image Credit: Outdoor Wellness via Instagram

Spring Fling Word Scramble

Created by: Aditi Nambiar- Editor-in-Chief

Unscramble the following words

- | | |
|-------------|--------------|
| 1. essed | 1. _ _ _ _ _ |
| 2. felrsow | 2. _ _ _ _ _ |
| 3. notaciar | 3. _ _ _ _ _ |
| 4. ipngsr | 4. _ _ _ _ _ |
| 5. mlbrulea | 5. _ _ _ _ _ |
| 6. srshwoe | 6. _ _ _ _ _ |
| 7. iorwbna | 7. _ _ _ _ _ |

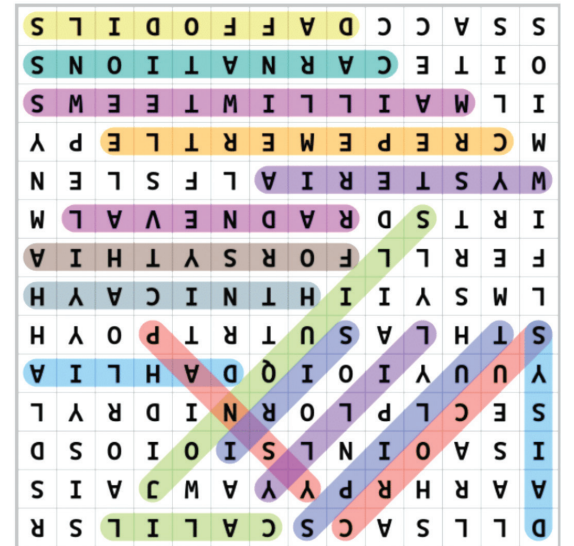
Answers (in order): 1. seeds, 2. flowers, 3. raincoat, 4. spring, 5. umbrella, 6. showers, 7. rainbow



Flower Power Word Search

D	L	L	S	A	C	S	C	A	L	I	L	S	R
A	A	R	H	R	P	Y	Y	A	W	J	A	I	S
I	S	A	O	I	N	L	S	I	O	I	O	S	D
S	E	C	L	P	L	O	R	N	I	D	R	Y	L
Y	U	U	Y	I	O	I	Q	D	A	H	L	I	A
S	T	H	L	A	S	U	T	R	T	P	O	Y	H
L	M	S	Y	I	I	H	T	N	I	C	A	Y	H
F	E	R	L	L	F	O	R	S	Y	T	H	I	A
I	R	T	S	D	R	A	D	N	E	V	A	L	M
W	Y	S	T	E	R	I	A	L	F	S	L	E	N
M	C	R	E	P	E	M	E	R	T	L	E	P	Y
I	L	M	A	I	L	L	I	W	T	E	E	W	S
O	I	T	E	C	A	R	N	A	T	I	O	N	S
S	S	A	C	C	D	A	F	F	O	D	I	L	S

- JONQUILS
- SWEET WILLIAM
- CROCUS
- WYSTERIA
- DAHLIA
- TULIPS
- CARNATIONS
- DAFFODILS
- CREPE MERTLE
- FORSYTHIA
- HYACINTH
- LILAC
- LAVENDAR
- PANSY
- LILLY
- DAISYS
- IRIS



Play this puzzle online at : <https://thewordsearch.com/puzzle/1732/>

Provided by thewordsearch.com

Fun Riddles!

How many of these can you solve?

Number 1:
What can travel around the world while staying in a corner?

Number 2:
The shorter I am, the bigger I am. What am I?

Number 3:
What goes up and down without moving?

Number 4:
What gets broken without being held?



Number 5:
What is something you can hold without ever touching?

Number 6:
Flat as a leaf, round as a ring. Has two eyes, can't see a thing. What is it?

Number 7:
If I have it, I don't share it. If I share it, I don't have it. What is it?

Number 8 (BONUS):
I'm simple for a few people. But hard for them to hear. I live inside of secrets. I bring people's worst fears. What am I?

Provided by brainzilla.com

Answers (in order): 1. A stamp, 2. Temper, 3. Stairs, 4. A promise, 5. Breath, 6. A button, 7. A secret, 8. The truth



Do you want to contribute to The Husky Herald?

We are always looking for student photographers, writers, and more! If you have a talent that you would like to share with the Herald and gain experience to add to your resume or portfolio, email the Editor-in-Chief: uwbeic@uw.edu or the Assistant Editor: uwbae@uw.edu.

March 2024
Husky Herald Team:

Editor-in-Chief
Aditi Nambiar 2023-2024

Assistant Editor
Ashlyn Huber- Spring 2024

Cover Artist:
Alec Mullen-DeLand

Student Reporters:
Chloe Frink
Ameer Kiani
Rohit Jesudoss

Student Photographers:
José Cuevas Lopez

Faculty Adviser
David Goldstein

Program Manager
Pauline Tolentino

Special thanks to the rest of the Student Engagement & Activities team for making our work as the on-campus newspaper possible!

Connect with us on
Instagram!
[@husky_herald](https://www.instagram.com/husky_herald)



Thank you for reading the Herald! We would like to know #HowDoYouHerald?

#HowDoYouHerald?

Post on Instagram with the hashtag for a chance to get featured on our page!

